

What's Cooking?

September 2025

Pre-K Breakfast

MONDAY

1



School

TUESDAY

2

- Apple Cinnamon Cheerios
- Low Fat Mozzarella String Cheese
- Cinnamon Diced Pears
- 1% Low-fat Milk

No

WEDNESDAY

3

- Turkey Sausage & Egg on English Muffin
- Fresh Whole Apple Gala
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

THURSDAY

4

- Multigrain Cheerios
- Low Fat Mozzarella String Cheese
- Fresh Banana
- 1% Low-fat Milk

FRIDAY

5

- Sausage, Cheese & Biscuit Sandwich
- Cinnamon Diced Pears
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

8

- WG Banana Muffin
- Low Fat Mozzarella String Cheese
- Fresh Orange
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

9

- Chicken Tenders
- Whole Grain Waffle
- Pineapple Tidbits
- 1% Low-fat Milk

10

- Whole Grain Panckae Donut bites with Blueberries
- Fresh Orange
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

11

- Apple Cinnamon Cheerios
- Low Fat Mozzarella String Cheese
- Pineapple Tidbits
- 1% Low-fat Milk

12

- Fresh Baked Whole Grain Biscuit
- Applesauce
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

15

- Whole Grain Apple Cinnamon Muffin
- Fresh Whole Apple Gala
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

16

- Apple Cinnamon Cheerios
- Low Fat Mozzarella String Cheese
- Cinnamon Diced Pears
- 1% Low-fat Milk

17

- Turkey Sausage & Egg on English Muffin
- Fresh Whole Apple Gala
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

18

- Multigrain Cheerios
- Low Fat Mozzarella String Cheese
- Fresh Banana
- 1% Low-fat Milk

19



School

No

22

- Breakfast Turkey Sausage Pizza
- Fresh Orange Wedges
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

23

- Reduced Sugar Trix
- Low Fat Mozzarella String Cheese
- Pineapple Tidbits
- 1% Low-fat Milk

24

- Whole Grain Apple Cinnamon Muffin
- Fresh Granny Smith Apple
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

25

- Apple Cinnamon Cheerios
- Low Fat Mozzarella String Cheese
- Pineapple Tidbits
- 1% Low-fat Milk

26

- Whole Grain Panckae Donut bites with Blueberries
- Fresh Orange Wedges
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

29

- Whole Grain French Toast Sticks
- Buffalo Chicken Wrap
- Turkey Sausage Patty
- Chilled Diced Pears
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

30

- Apple Cinnamon Cheerios
- Low Fat Mozzarella String Cheese
- Fresh Orange
- 1% Low-fat Milk

🥞 9/26 Pancake Day

If you have a food allergy or intolerance, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29, White Milk: \$0.60, Chocolate Milk: \$0.65

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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